

it's CORONA time!

DAILY SCHEDULE FOR PRAYER

WAKE - UP

PRAY WITH HALLOW APP A
'PRAYER LIST'

MID MORNING

CATCH A LIVE STREAM DAILY MASS

AFTER LUNCH

LISTEN TO ADORATION SPOTIFY
PLAYLIST & WATCH ADORATION
LIVE

PRE DINNER

CHECK OUT LIFE TEEN NATIONALS
YOUTUBE CHANNEL

BEFORE BED

USE IBREVARY TO PRAY NIGHT
PRAYER

SWAP IN THESE IDEAS TO ADD VARIETY

- DAMASCUS LIVE STREAMING
- STATIONS OF THE CROSS ON HALLOW
- BOOK RECOMMENDATION FROM CORE MEMBER
- CATHOLIC MOVIE ON FORMED
- LIVE STREAM WITH LT CORE ON INSTAGRAM
- LIFE NIGHT LIVE - SUN@6PM
- DAILY READINGS WITH MAGNIFICAT
- LENTEN DAILY REFLECTION JOURNAL

all resources www.lifeteenudson.com/digital-ministry